

Optical Migraines

A couple months ago Diane had a “vision” that we came to know is an **optical migraine**. Oddly, this week I’ve also had it! I’ve now had it twice! I never had it before in my life.

It doesn’t hurt. For us it’s been a vision disturbance that goes away in a couple minutes. Oddly, the vision disturbance is identical in both eyes. That proves that it is actually in the brain, not in the eye balls.

A web search turns up [these samples](#).

Diane’s case made her glad that she wasn’t driving a car, not that it was really bad, but she wondered if it would get bad.

My case, both times, it showed up the minute I left my computer screen. It lasted long enough for me to verify that both eyes were having much the same vision. I was busy closing first one eye, then the other. After a minute or so I lost interest and it was gone.

I’m gonna draw a picture once I find myself with with the right art program. Flattened-down ellipse, left half only, region about the ellipse contains horizontal stripes. Maybe those stripes were reminiscent of lines of text.